



Yu Shrine



The Road of Nikitatsu



Foot bath



Tsubaki-no-Yu Bath



Botchan Karakudoke (a mechanized dook)



Shiki Kinen Museum



Dogo Park - Remains of Yuzuki Castle



Botchan ressha (train)



Night view of the building of Dogo Hot Spring



Dogo Onsen Station

## Dogo Map

Dogo is the town of the hot spring and good for strolling. The friendly area of the shopping arcade which connects the main building and the Dogo Onsen Station is called "Nikitatsu" area, a word which appeared in the song of the book "Manyoshu". The elegant stone pavement vivifies the sense of journey. There are many temples near the main building. There are 88 temples on Shikoku which are said to be the spiritual remains of a famous priest and Ishite-ji Temple is one of them. You may be able to meet pilgrims called "Ohenrosan" who walk carrying a staff dressed in white clothing. As for hot springs, there is a modern facility which has a different design from the main building called Tsubaki-no-Yu. There is a lot to see!! Enjoy strolling in Dogo!

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# Mini-Guide to Dogo Hot Spring

FREE



The oldest Hot Spring in Japan  
Special bath for the Royal Family

Image of the Legendary



White Heron

道後温泉ミニガイド四国・松山

# 温泉道 後 泉 後

## Welcome to Dogo

ようおいでなまし

Welcome to the Dogo Hot Spring main building! The building with its unique atmosphere may have surprised you. Not only the structure but also the history of Dogo is surprising. Dogo Hot Spring is the oldest hot spring in Japan and has a history of 3,000 years. This main building is designated as a national Important Cultural Property. So, please relax after your tiring trip and enjoy Dogo Hot Spring that has been loved by many people.



Here, we will explain how to use this facility starting with the entrance.

### How to enter the Building of Dogo Hot Spring

#### 1. Fudaba (ticket window)

Fudaba (ticket window) is where you buy your ticket. Use the table below to choose your course and buy your ticket.



Fudaba (ticket window)



Ticket gate



#### 2. Shoe Box

You cannot enter the facility with your shoes on. Put your shoes in a shoe locker. Lock the box and carry your key with you. Remember where you put your shoes.



Shoe Box



#### 3. Ticket gate

This is where you give the ticket you bought at the ticket window to our staff. You can ask for directions to dressing rooms or the lounging rooms.



Be sure to lock the shoe locker.

#### 4. 1st Floor Kami-no-Yu Bath Course

Please proceed to the dressing room.

#### 4. Non Kami-no-Yu Bath Course



After your ticket has been punched, take your ticket with you. Go down to the end of the hallway and go up the stairs on your left. When you reach the lounging room, give your ticket to the staff.

Please follow the colored carpet:  
Blue for 2nd floor Dressing & Lounging Room for Kami-no-Yu (Water of the Gods)  
Red for 2nd floor Dressing & Lounging Room for Tama-no-Yu (Water of the Spirits)  
Yellow for 3rd floor Individual Dressing & Lounging Room for Tama-no-Yu (Water of the Spirits)

#### 5. Arriving at the bath

Please read and understand how to use the facility described on page 5.

#### 5. Go to the respective Lounging Rooms

Once you arrive at the lounging room, move on to the dressing room and bath one floor below. You can rest in this lounging room after taking a bath.

Fee Table	Kami-no-Yu 1F	Kami-no-Yu 2F	Tama-no-Yu 2F	Tama-no-Yu private room 3F	Yushinden (tour only/no bathing)
Fee (Adult)	¥410	¥840	¥1,250	¥1,550	¥260
Fee (Child)	¥160	¥420	¥620	¥770	¥130
Hours	6:00 am-11:00 pm (Ticket window closes at 10:30 pm)	6:00 am-10:00 pm (Ticket window closes at 9:00 pm)	6:00 am-10:00 pm (Ticket window closes at 9:00 pm)	6:00 am-10:00 pm (Ticket window closes at 8:40 pm)	6:00 am-9:30 pm (Ticket window closes at 9:00 pm)
Course contents		Entering Kami-no-Yu bath and using the Lounging Room on 2F (60 min)	Entering Tama-no-Yu bath and using the Lounging Room on 2F (60 min). You can also take Kami-no-Yu bath	Entering Tama-no-Yu bath and using the individual private Lounging Room on 3F (80 min). You can also take Kami-no-Yu bath	The elegant bath for the Royal Family 15min tour
Borrowing Yukata (bathrobes)	Just entering Kami-no-Yu bath	 Yukata with large Yudama marks on it	 Yukata with small Yudama marks on it and a towel	 Yukata with white heron marks on it and a towel	
Services		 Tea and semberi (rice cracker). You may visit the Exhibition Room and Botchan's Room	 Tea and semberi (rice cracker). You may visit the Exhibition Room, Botchan's Room, and Yushinden (Royal Family's Bath)	 Tea and Botchan Dango (dumplings). You may visit the Exhibition Room, Botchan's Room, and Yushinden (Royal Family's Bath)	

In this building, there are two types of baths (each has one for men and one for women); one is called Kami-no-yu (Water of the Gods), which is a spacious public style bath; the other is Tama-no-yu (Water of the Spirits) which is a more private and high grade bath. There are four courses for taking a bath with or without tea and refreshments.

**Tsubaki-no-Yu**  
This bath is located in a separate building about 80 meters away from the Main Building.  
Adult ¥360, Child ¥150  
6:30am~11:00pm  
(Ticket window closes at 10:30pm)

\* Children's price applies from age 2 to 11.





The red noren (entrance curtain) means the women's bath, while the blue noren signifies the men's bath.

There is a difference in bathing styles between Japan and Western countries. Please read page 5 about how to take a Japanese style bath in this booklet and follow the Japanese way.

How to wear yukata is on page 5.



Dango (dumplings) or sembei (rice crackers)



Japanese tea

Tea bowl with a stand



You may discover many cross-cultural aspects as if you were in the world of the movies.



After checking your belongings once again, please go back to the shoe lockers.

## 6. Dressing Room

After entering through the noren, you will find the dressing room. Please put your clothes and your belongings into a locker, and keep your locker key with you even when you enter and take a bath.

55

Please be responsible for your own locker key.



Dressing room



Take a bath quietly and slowly



Locker

## 8. Dressing Room

Please do not come out to the dressing room without wiping your body. You may wear yukata for cooling off if you like. Also, please do not forget your belongings when you go back to the lounging room.



Tama-no-Yu (Water of the Spirits) Women's Bath

## 9. Lounging Room (green tea and refreshments)

Take a rest and relax at the lounging room. Enjoy Japanese green tea and refreshment service.



Tama-no-Yu (Water of the Spirits) Men's Bath

## 10. Exhibition Room

After the bath please visit the exhibition room inside the building. Exhibits are the treasures of the history and culture of Dogo Hot Spring.



Kami-no-Yu (Water of the Gods) Women's Bath

## 11. Shoe Lockers

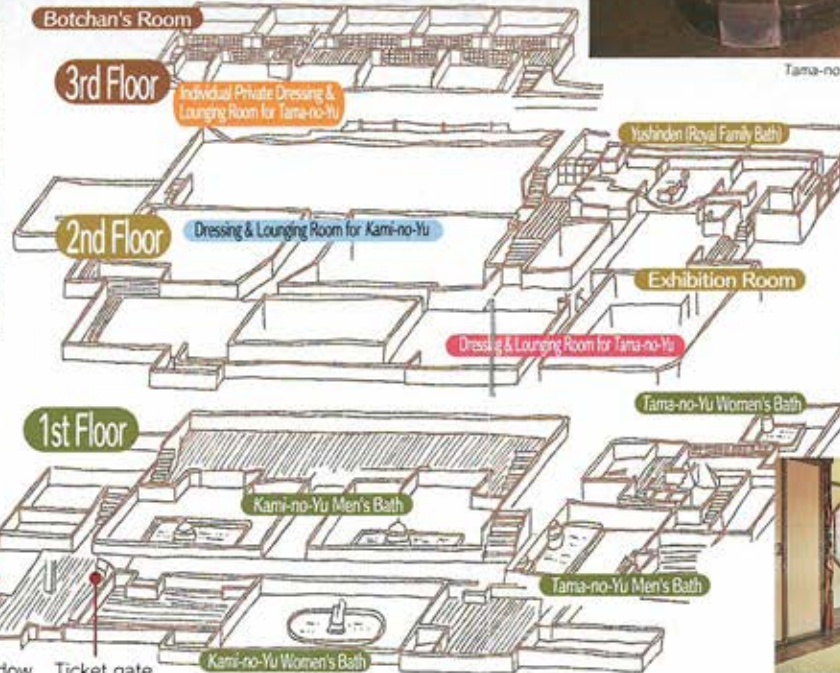
Please change into your shoes here.



Kami-no-Yu (Water of the Gods) Men's Bath (east)



Kami-no-Yu (Water of the Gods) Men's Bath (west)



2nd floor Dressing & Lounging Room for Kami-no-Yu



3rd floor Individual Private Dressing & Lounging Room for Tama-no-Yu



2nd floor Dressing & Lounging Room for Tama-no-Yu

The way you take a bath differs from country to country just as the differences in language and culture.



## Information for Enjoying the Dogo Hot Spring Bath

Japanese style baths are different from western style baths. Unlike western style baths the Japanese bath is used not only for washing the body but also for relaxing. Everyone enters the bath together in the Japanese style. The water is not changed after each bath. Thus, to keep the bath clean and sanitary one must clean and rinse the body before entering the bath. In order to preserve this historical bath for future generations, please read and follow the basic guidelines listed below.

### How to take a Japanese style bath

1. Before entering the bath please rinse your body with hot water.
2. Enter the bath and relax.
3. After exiting the bath, wash your body with soap and hot water outside the bathtub.
4. After rinsing off the soap, enter the bath and relax again. (Be careful not to stay in the tub too long because the temperature is quite high.)
5. Exit the bath when finished.
6. Please put your clothes or yukata on. If you want to relax after the bath please use the lounging room.

Please wipe off your body while in the bathing room and move to the dressing room.



Please follow these rules:  
**No smoking and no shoes in the building.**  
**Do not wash your body in the bathtub.**

## Enjoy Yukata

### Mini Guide 1

How to wear yukata~

How about experiencing wearing a kind of Japanese kimono (yukata) after the bath? Please try one without fail.



It might be better to wear a T-shirt under the yukata.

Please wear the center in the front, holding each sleeve.



Don't pull it too tight.

Then hold both lapels and put the right lapel across your body first and the left one over it.



The belt should be tightened on the waist for women, and on the hip bone for men.

When you tighten the belt, you are done. Be careful not to tighten it too tight.

## Dogo Story

### Mini Guide 2

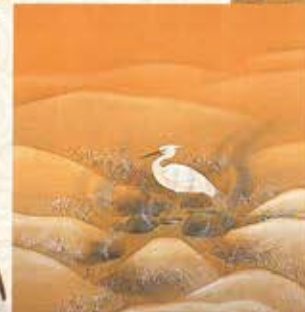
The legend of the white heron~

Dogo Hot Spring, noted as the oldest hot spring in Japan, has a history of about 3,000 years. According to legend, Dogo Hot Spring was discovered during the age of the gods, when a white heron put its injured leg into hot water gushing out of a crevice in some rocks and found that its leg was healed. In another legend, the moment that Okuni-nushi-no-mikoto god put the sick Sukuna-hiko-no-mikoto god into the hot spring, the sick god recovered from his illness and danced on a rock for joy. This is the legend of "Tama-no-ishi" (a round rock). In modern days many famous novelists have visited Dogo often and enjoyed this hot spring. Among them Soseki Natsume, one of the greatest novelists of the Meiji Era, wrote about the main building of Dogo Hot Spring in his novel "Botchan."

That's why you can see many statues of a white heron in the building.



"Tama-no-ishi" (a round rock) legend



The legendary white heron

The main building of Dogo Hot Spring, famous for its white heron legend, has many statues of the legendary white heron including one on the rooftop. This unique dignified building is a castle-style wooden structure built in 1894.

### Mini Guide 3

## Yushinden Room and the Exhibition Room

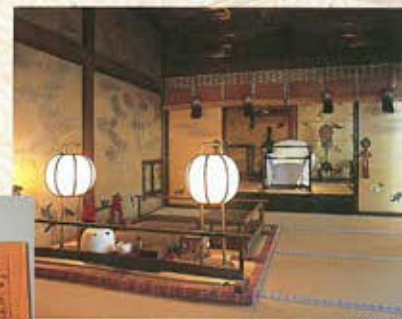
Yushinden was constructed in 1899 as a special bath for the Royal Family when they visited Dogo. From the entrance side, there are three rooms: Entrance Room, Otsugi Room (adjoining room for a high rank person), and the Emperor's Room. There is a special room called "Musha gakushi (hiding guards)" room next to the Emperor's room. This building is an elegant Momoyama Era style structure and fascinates many visitors.



Exhibition Room



Yukata (Wooden bath tickets)



Yushinden

The exhibition room is like a time capsule in which you can feel the history of Dogo. Please come and see many interesting items after taking a bath.

