

Kagawa Prefecture Cycling Map

Cycling Tours along the Beautiful Kagawa Coastline

Coastal Route

Chichibugahama Beach (Mitoyo City)

Trip around Kagawa

by bicycle

See the beautiful mountain and ocean sights and stop at Kagawa tourist attractions along the way!

Zenigata Sand Coin

MAP A-5 Kan-onji

Ariake Beach features a giant sand sculpture of a Kan'ei Tsuho coin that is 122m from east to west, and 90m from north to south. It is said to have been built in 1633, and legend has it that anyone who views the coin will be free of money troubles for the rest of their lives.

☎ Ariake-cho, Kan-onji City
0875-23-3933
(Kan-onji City Commerce and Tourism Division)

Chichibugahama Beach

MAP A-5 Mitoyo

This 1km beach has gentle breezes and is a beautiful spot to watch the sunset. At low tide, it is possible to take a mirrorlike photo similar to the Uyuni Salt Flats in Bolivia.

☎ Nio-otsu, Nio-cho, Mitoyo City
0875-56-5880 (Mitoyo Tourism & Exchange Authority)

Nio Townscape

MAP A-5 Mitoyo

In addition to old merchant buildings and homes, there are many historical landmarks such as the Tsuji no Fudaba, a notecard used during the Edo period, the Kominari Toro lantern, and more.

☎ Nio-cho, Mitoyo City
0875-56-5880 (Mitoyo Tourism & Exchange Authority)

Toryo Park

MAP B-4 Tadotsu

In spring, two thousand cherry trees, the town's official tree and flower, bloom in this popular blossom-viewing location. Walk along the paths and see gorgeous views that change with the seasons.

☎ Momoyama, Tadotsu Town
0877-33-1113
(Tadotsu Town Industry Department)

Marugame Castle

MAP B-4 Marugame

One of only twelve castles in Japan to survive intact to the present day, 420-year-old stone walls still grace the castle grounds. Chosen as one of Japan's Best 100 Castles, it is famous for harmonizing with its natural surroundings.

☎ Ichiban-cho, Marugame City
0877-22-0331 (Marugame City Tourism Association)
☎ 9:00 am - 4:30 pm (Main Tower, entry until 4:00pm)

Utazu Umi Hotaru

MAP B-3 Utazu

This spot offers views of the sun setting in the Seto Inland Sea and the Seto Ohashi Bridge. In addition to a park and restaurant, visitors can also try making salt at a restored salt farm.

☎ Ichiban-cho 4, Utazu Town
0877-49-0860
☎ 9:00 am - 9:00 pm (Closed: Mon [open if a public holiday, and closed the following day])

Seto Ohashi Bridge Commemorative Park

MAP C-3 Sakaide

This is the best spot for viewing the Seto Ohashi Bridge. Features fountains shaped like suspension bridge and a cable-stayed bridge, a grassy field, and a children's park.

☎ Bannosu-midori-cho 6-13, Sakaide City
0877-45-2344 (Seto Ohashi Bridge Memorial Park)
☎ 9:00 am - 5:00 pm (Closed: Mon, 12/29 - 1/1)

Tamamo Park, Historic Site of Takamatsu Castle

MAP E-3 Takamatsu

The Hiunkaku house (an important cultural property) completed in 1917 is still standing, and its must-see garden is a remnant of the original Edo period gardens and a nationally-designated scenic spot.

☎ Tamamocho 2-1, Takamatsu City
087-851-1521
☎ Sunrise - Sunset (Closed: 12/29 - 12/31)

Yashimaji Temple

MAP E-3 Takamatsu

The temple is said to be founded by Ganjin, and later it was visited by Kukai. The main temple, the seated statue of a thousand-armed Kannon, and the temple bell are nationally-designated important cultural assets.

☎ Yashima-higashimachi 1808, Takamatsu City
087-841-9418
☎ 7:00 am - 5:00 pm (Receive the temple stamp)

Japan Dolphin Center

MAP G-4 Sanuki

Excitement before your eyes; feel your spirit jump! Make friends with the dolphins by feeding and swimming together with them.

☎ Tsuruwa 1520-130, Tsuda-cho, Sanuki City
0879-23-7623
☎ 10:00 am - 5:00 pm (until 6:00 pm in Summer)
☎ (Closed: Wed in October - March)

Sanshu Izutsu Residence

MAP H-4 Higashi-kagawa

This merchant house where sake and shoyu were made since the Edo period has been renovated and is now a spot where visitors can try making gloves, pressed sugar, and more traditional products.

☎ Hiketa 2163, Higashi-kagawa City
0879-23-8550
☎ 10:00 am - 4:00 pm (Closed: Wed)

Local Restaurants

Gourmet Selection

Business operating days and times can change without notice.

Michi-no-eki Toyohama Ocean Diner [MAP: A-6]
☎ Minoura 2506, Toyohama-cho, Kan-onji City
0875-56-3655
☎ 11:00 am - 5:30 pm (Closed: Mon)

Uminosachi Fureai Market [MAP: C-3]
☎ Irifune-cho 1-5-14, Sakaide City
0877-46-1311
☎ 9:00 am - 3:30 pm (Closed: Wed)

BAKE STUDIO OKAZAKI [MAP: A-5]
☎ Nio-otsu 274-9, Nio-cho, Mitoyo City
0875-23-6921
☎ 11:00 am - 8:00 pm (Closed: Mon)

Michi-no-eki Genpei-no-sato Mure Jakoya Seafood Diner [MAP: F-3]
☎ Hara 631-7, Mure-cho, Takamatsu City
087-845-6080
☎ 11:00 am - 2:00 pm (until 3:00 pm on Sat, Sun and Hol) [Closed: 1st and 3rd Tue]

Kaisen Yumetaro [MAP: A-4]
☎ Matsuzaki 2823-6, Takuma-cho, Mitoyo City
0875-83-7276
☎ 11:30 am - 2:30 pm, 5:00 pm - 11:00 pm (Closed: Wed)

Mamechan [MAP: F-3]
☎ Yafudo Bldg 1F, Shido 518-3, Sanuki City
087-894-1877
☎ 10:00 am - 2:00 pm, 3:30 pm - 6:00 pm (Closed: Sun, Hol and Mon)

Windmill Hill [MAP: B-4]
☎ Higashi-shirakata 864-1, Tadotsu Town
0877-32-0368
☎ 8:30 am - Sunset (Closed: Thu and 3rd Fri)

Matsukaze [MAP: F-4]
☎ Tsuda 2576-5, Tsuda-cho, Sanuki City
0879-42-2929
☎ 10:30 am - 6:00 pm (Closed: Sat, Sun and Hol)

Sanuki Udon made with ancient rice [MAP: B-3]
☎ Hama-ichibancho 4, Utazu Town
0877-49-0860
☎ 9:00 am - 9:00 pm (Closed: Mon [open if a public holiday, and closed the following day])

Maruchan Udon [MAP: H-5]
☎ Hiketa 511-5, Higashi-kagawa City
0879-33-5358
☎ 11:00 am - 3:00 pm (Closed: Mon)

Sweet Treats

Zenigata Sand Coin Wafer Ice Cream [MAP: A-6]
☎ Ariake-cho 3-37, Kan-onji City (Michinoeki Kotohiki)
0875-23-0055
☎ 9:00 am - 5:00 pm (Closed: Year end and New Year Hol)

Sakashu [MAP: C-3]
☎ Nishiohama-kita 3-4-43, Sakaide City (Meibutsu Kamado)
0877-45-3311
☎ 9:00 am - 7:00 pm (Closed: 3rd Tue and 1/1)

Baked Custard [MAP: B-4]
☎ Donomae 411-1, Higashi-shirakata, Tadotsu Town (Umika Cake Shop)
0877-89-2864
☎ 11:00 am - 4:00 pm (Closed: Sun, Mon and Hol)

Soft Serve Sandwich [MAP: G-4]
☎ Shirotori 2716-3, Higashi-kagawa City (Y shop Shirotori Okada)
0879-25-3038
☎ 5:00 am - 22:00 pm (every day)

Seasonal Panna Cotta with Amazake Jelly [MAP: F-4]
☎ Tsuda 2576-5, Tsuda-cho, Sanuki City (Matsukaze)
0879-42-2929
☎ 10:30 am - 6:00 pm (Closed: Sat, Sun and Hol)

Kagawa Art Spots

Ichinomiya Park [Kan-onji]
This popular and stylish park features playground equipment designed by sculptor Isamu Noguchi.
☎ Himehama 55-2, Toyohama-cho, Kan-onji City
0875-52-6640
MAP A-6

Kanrin House [Marugame]
This work of art is the renovated birthplace of Matsuro Yoki, a member of the first envoy to visit the United States in 1860 aboard the Kanrin-maru.
☎ Tomari 666, Honjima-cho, Marugame City
087-813-0853 (Setouchi Triennale)
MAP B-3

Beyond the Borders - the Ocean [Takamatsu]
This work voyaged from Taiwan to Teshima for the 2013 Setouchi Art Festival, then returned to Taiwan, before being reassembled in Takamatsu in 2016. The "Seed Ship" is meant to resemble a floating seed.
☎ Support 7, Takamatsu City
MAP E-3

KAGAWA Wi-Fi

Anyone can use it for free!

User benefits

- Easy access to the Internet via smartphone or tablet
- Easy to get tourism info from "VISIT KAGAWA" website
- Means of communication at times of emergency

Usage rules

SSID: KAGAWA-WiFi Fee: Free
Connection duration (per user)
• Max 30 min. per access • 8 accesses per day
• Total 240 min. per day

For more details [KAGAWA Wi-Fi](#)

※"Kagawa Wi-Fi" does not encrypt data so that users may easily access the network. However, connections from devices using the network are blocked.

Japan's Rules of the Road

Everyone can make this "a safe place for cycling"

Kagawa Prefecture is promoting safe cycling through the establishment of rules for safe bicycle use. Let's share the roads with cars, pedestrians, and other bicycles with mutual respect and understanding.

- In principle, bicycles should ride on the roads, and on sidewalks only when necessary.
- Ride on the left side of the road.
- Yield to pedestrians on sidewalks, veering towards the road.
- Follow all safety rules.

Other prohibited behaviors

- Riding with open umbrella
- Riding while using headphones
- Riding while using a mobile phone

5 **Helmet Use**
Helmets can save your life.

The fatality rate for head trauma reduced to **1/4**

Without Helmets: 2.3%
With Helmets: 0.57%

▲ Comparison of helmet use with head trauma deaths in bicycle accidents 2007-2011 (source: Traffic Accident Comprehensive Analysis Center report)

Cycling Safety Information

Don't forget to do a check before you ride!

- Tires**
Is there enough air? Any tears, holes, or deformities?
- Brakes**
Check if they work and how strong they are.
- Light**
Is your light bright enough?
- Bell**
Do you have one and does it work?
- Check each part**
Anything loose or too tight?
- Chain**
Is it overly dirty? Is there proper lubrication?
- Feel**
After checking the bike's condition, check that you feel comfortable sitting on the bike.

Bike bag
Bicycles must be folded and placed into bike bags when travelling on public transportation. Please note, some bus and taxi companies may not accept bicycles even if they are placed in bike bags.

Things to Have Check before you ride!

- Hex key (Allen/Unbrako/zeta key)**
The bike seat and most bike parts use a 4-6 mm hex key.
- Bike key**
- Bike bag**
- Normal footwear (including sandals)**
When on the ferry or other public transportation, or when visiting sights, please change out of your cycling shoes.
- Tire puncture repair kit**
- Portable air pump**

About AEDs Follow the guide to operate.

AEDs will guide user with sound and pictures, so follow the directions to operate. They are safe and simple to use.

- Turn on the power (some models will turn on when you open the cover).
- Attach the electric shock pads.
- If the machine says a shock is necessary, the electric shock will commence.

Be considerate towards pedestrians and local residents
The roads are not a race track. Routes may take you through local residents' neighborhoods, so show your courtesy and slow down when traveling through villages and hamlets.

Cyclist Oasis

Providing cyclists with bike stands, air pumps, restrooms, and a place to rest. Feel free to drop in!

Operating hours differ with each facility. Be sure to check ahead of time.

Kan-onji City	Michi-no-eki Toyohama Minoura 2506, Toyohama-cho	0875-56-3655	A-6
	Michi-no-eki Kotohiki Ariake-cho 3-37	0875-23-0055	A-6
Mitoyo City	Michi-no-eki Fureai Park Mino Om-otsu 74, Mino-cho	0875-72-5300	B-4
	cafe de flots Nio-otsu 165-1, Nio-cho	0875-82-4525	A-5
	Oi Onsen Nio-cho 246-1, Nio-cho	0875-82-2304	A-5
	Nio Marina Nio-ki 918-12, Nio-cho	0875-82-3203	A-5
	Marine Wave (Mitoyo Tourism & Exchange Authority) Takuma 1338-127, Takuma-cho	0875-56-5880	A-5
	Spitz Bakery Takuma 971-7, Takuma-cho	0875-83-8633	A-5
	Art Cafe Shimizu Onsen Hondori 1-7-8	0877-89-3587	B-4
	Michi-no-eki Utazu Rinkai Park Hama-ichibancho 4	0877-49-0860	B-4
	Michi-no-eki Great Seto Bridge Memorial Park Bannosu-midori-cho 6-13	0877-45-2344	C-3
	Sakaide Salt Industry Museum Oyabu-cho 1777-12	0877-47-4040	C-3
	Café Gosh No 94-4, Ogoshi-cho	087-875-0558 (Yume Kobo)	C-3
	Shiramine Park Center Takaya-cho 2042-255	0877-47-4135	C-3
Takamatsu City	Michi-no-eki Genpeinosato Mure Hara 631-7, Mure-cho	087-845-6080	F-3
Sanuki City	Michi-no-eki Tsuda-no-matsubara Tsuda 103-3, Tsuda-cho	0879-42-5520	F-4
Higashi-kagawa City	Y shop Shirotori Okada Shirotori 2716-3	0879-25-3038	G-4
	Sanshu Sanukiya Ochiai 256-1	0879-25-9674	G-4
	Udon Gensho Minato Minato 857-2	0879-25-6585	G-4
	Maruchan Udon Hiketa 511-5	0879-33-5358	H-5
	Vessel Ochi Umashino 1200	0879-26-1126	G-4
	Sanshu Izutsu Residence Hiketa 2163	0879-23-8550	H-4
	Aoi Furusato-an Minamino 195-1	0879-49-1994	H-5
	Adoico Hiketa 4373	0879-33-2800	H-4
	Marutatsu Teuchi Udon Iza 722	0879-23-0022	H-4

Cycling tips

Kagawa is a cyclist's paradise!

Kagawa is the perfect place to go cycling

Come and experience the beautiful landscapes and comfortable sea breezes as you pedal through the prefecture! Check out some installation art and museums along the route. There are plenty of rental bicycles available, so anyone can join in.

There are lots of different cycling events!

Racers go around Hozan Lake on a special course made up of municipal roads and forestry maintenance roads. There are cycle sports workshops in addition to the road race, so why not come join in?

Tour de 103 Bike Festival [Sanuki, Higashi-kagawa]

Sanuki Century Ride in Shodoshima Island [Shodoshima, Tonosho]

Bicycle Pilgrimage

Balance your gear between two panniers and ride in comfort!

To visit all temples in order by bicycle
Time Required: About 20 Days

The image of a Shikoku temple pilgrim is of a person walking 1200km with a white vest, straw hat, and a walking stick. However, cycling the pilgrimage is also an option! Keep in mind some mountain roads are unpaved, so it won't be possible to do exactly the same route as walking pilgrims. Don't forget to pack raingear, too! With the exception of Temple 45, bicyclists can get to the area around the main hall at all of the temples, but some of the temples are located at the top of steep slopes that will be difficult for bicyclists to climb. In these cases, consider leaving your bicycle at a lodge or shop at the bottom of the mountain.

If you finish the whole pilgrimage by bicycle, you'll receive a free "Shikoku 88 Temple Pilgrimage Henro Ambassador" certificate!

Go to the Sanuki City Maeyama Ohenro Koryu Salon to receive the certificate.
It's a nice way to commemorate your cycling pilgrimage.

Map for smartphones

Find your location / Use the offline map app Avenza Maps for a comfortable cycling trip!

- It's offline, so you can use it in areas with poor signal
- Check your location on the map.
- There are many useful tools like route tracking. You can download the "Cycling MAP Around Kagawa Prefecture" in the app for free!

How to download smartphone maps

- Download Avenza Maps
- Tap on Avenza Maps
- Tap on the in-app store
- Search for the "Cycling Map Around Kagawa Prefecture"

Stop your bike when you look at your smartphone!

There may be areas where phone connection is poor.
Organization / Contact
Kagawa Prefecture Tourism Association
4-1-10, Ban-cho, Takamatsu City 7608570
Tel: 087-832-3377 Fax: 087-861-4151

VISIT KAGAWA

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Please get bicycle insurance!

- The number of cases involving high liability sums for traffic accidents is increasing.
- Just in case, get bicycle insurance that covers accident liability.

Be careful of sharp curves and accidents!

Kagawa prefecture has many tight curves and narrow roads, especially in the mountains and on the peninsula.

To prevent head-on collisions, please reduce your speed when visibility is poor or along curves with blue lines painted on the roadside.



Airplane

Seoul	Air Seoul	1:40
Shanghai	Spring Airlines	2:30
Taipei	China Airlines	2:40
Hong Kong	HK Express	3:40
Narita	Jet Star Japan	3:40
Haneda	ANA-JAL	1:20
Naha	ANA	1:50

Railway

Tokyo	Shinkansen-Marine Liner	4:25
Shin-osaka	Shinkansen-Marine Liner	2:00
Okayama	Marine Liner	2:00
Hiroshima	Shinkansen-Marine Liner	2:00

Car

Tarumi JCT	4:45	Takamatsu-chuo IC
Kurashiki JCT	6:00	
Kobe Port	1:05	Takamatsu Port
Uno Port	1:05	

- ### Cycling Route
- Segment Distance (km) 3.2
- Cyclist Oasis (Restroom, bike stand, air pump)
 - Bicycle rentals
 - Michi-no-eki (Roadside Station)
 - View, Scenic Point
 - Artwork
 - Local Restaurants
 - Hot Springs (day visits OK)
 - Museum, Pavilion
 - Wi-Fi
 - Shikoku Pilgrimage Temple
 - Viewpoint

- ### Slope Inclination Warning
- Udon Shops ※
Listed in "Sanuki Udon 100 Shops" (Kagawa Prefecture Tourism Association)
- Expressway
 - National Road
 - Main Regional Road
 - Prefecture Road
 - JR Railway
 - Private Railway
 - Ropeway
 - Sea Route

Bicycle Rental List

Ask at the terminal to find out details about fares and capacities.

Place	Name	Contact	Time	Type	Closed day etc
Kan-onji	Kan-onji Sta	Taishobashi Plaza	0875-25-3839	City Bikes (standard)	9:00 - 16:30
	Michi-no-eki Kotohiki		0875-24-2150	Sports Bikes	9:00 - 16:30
	Honma Cycle		0875-25-3954	Power-assisted	9:00 - 19:00
Mitoyo	Takuma Sta	Mitoyo Tourism & Exchange Authority	0875-56-5880	City Bikes (standard)	9:00 - 17:00
	Takuma Sta	Koyo Gas Station	0875-83-3061	Sports Bikes	9:00 - 19:00
Awashima Port	Awashima Port		0875-84-7028	City Bikes (standard)	Sunrise - Sunset
	Kotohira Sta	Kagawa Konpira Tourist Information	0877-75-3500	Sports Bikes	10:00 - 18:00
Zentsuji	Zentsuji Sta	Kotohira Sta	0877-75-2657	City Bikes (standard)	9:00 - 18:00
	Udon-kaikan	Oshaberi-hiroba Rent-a-cycle	0877-64-0012	Sports Bikes	9:00 - 17:00
Mangrove	Matugame Sta	Udon-kaikan	087-876-5018	City Bikes (standard)	9:00 - 18:00
	Honjima Island	Marugame Rent-a-cycle	0877-25-1127	Power-assisted	7:00 - 19:00
Utazu	Hiroshima Island	Honjima-tomari Port	0877-27-3320	City Bikes (standard)	6:30 - 19:30
	Ritsurin Station	Hiroshima-iroha Rent-a-cycle	0877-29-2060	Sports Bikes	8:00 - 17:00
Sakaide	Sakaide Sta	Utazu Town Rent-a-cycle	0877-49-2311	City Bikes (standard)	7:00 - 19:00
	Sakaide Sta	Sakaide Tourist Information	0877-45-1122	Sports Bikes	9:00 - 16:30
Takamatsu	Takamatsu Sta	Sakaide Tourism Association	0877-35-8428	City Bikes (standard)	9:00 - 18:00
	Kataharamachi Port	Shimokawa Cycle	0877-46-4728	Power-assisted	2nd, 4th, 5th Sun / mid summer etc
Ritsurin	Ritsurin Sta	Takamatsu Station Square Underground Port	087-831-5383	City Bikes (standard)	7:00 - 23:00
	Ritsurin-koen Sta	Kataharamachi Port	087-831-5383	Sports Bikes	7:00 - 22:00
Yashima	Yashima Sta	Kawaramachi Sta	087-831-5383	City Bikes (standard)	7:00 - 23:00
	Yashima Sta	City Hall Port	087-831-5383	Sports Bikes	7:00 - 22:00
Meji Island	Meji Island	Ritsurin Station Port	087-831-5383	City Bikes (standard)	7:00 - 22:00
	Shionoe	Ritsurin-koen Sta	087-831-5383	Sports Bikes	7:00 - 22:00
Takamatsu Sta	Takamatsu Sta	Yashima Sta Tourist Information	090-2893-8712	City Bikes (standard)	10:00 - 15:00
	Giant Store Takamatsu	Onigashima Demon's Mansion	087-873-0728	Sports Bikes	8:20 - 17:00
Sanuki	Shido Sta	Shionoe Hot Springs Tourism Association	087-893-0148	City Bikes (standard)	10:00 - 17:00
	Kur Park Tsuda	Giant Store Takamatsu	087-802-2278	Power-assisted	9:00 - 19:00
Awa City	Shirotori Zoo	Cycle Shikoku	info@cycleshikoku.com	City Bikes (standard)	Long Term
	Adoike	Hiraga Gennai Memorial Museum	087-894-1684	City Bikes (standard)	9:00 - 16:30
Mima City	Mima City	Kur Park Tsuda	0879-42-2521	City Bikes (standard)	9:00 - 16:00
	Miyoshi City				



- Detail: Toyohama
- Detail: Kan-onji
- Detail: Ariakehama
- Detail: Nio
- Detail: Takuma
- Detail: Sakaide East
- Detail: Sakaide North
- Detail: Yashima
- Detail: Tsuda
- Detail: Tsuda East
- Detail: Sambommatsu

Shodoshima is 84.2km in circumference. It offers a full day of fun. Go clockwise to have the best views of the ocean.

Inland of Shodoshima has an excellent climbing stage. There are several approaches that all lead to a great view. Take care on the way down.

The Shodoshima-Teshima Passenger Ferry does not accept bicycles.

Ogijima and Megijima are islands with many slopes.

The peninsula is about 22km in circumference. This area is the highest point.

The top of Yashima can be reached by bicycle.

The Kotoden Shido Line operates a cycling train only on Saturdays, Sundays, and national holidays.

Ogushi Peninsula has a good balance of hills, with excellent views and hardly any traffic lights.

Four-lane road begins here towards the west, for an easy ride.

As of September 14, 2018, this road is still closed due to damage caused by heavy rains on July 6, 2018.

The bridge to Taushima Shrine can only be crossed on August 4 and 5, during its annual festival.

On a clear day, the view of the Seto Inland Sea is unmatched.

This is a good social media photo spot. Wait until evening when the wind is low.

Every September, this is used as the bike course for the Japan University Triathlon Championships.

The Mitoyo Cycle Road Hozan Lake Tournament is held in November.

The joint surface is rough on Yakushijioge.

It is designated cultural property with oldest masonry arch dam.

Located between the ferry landing and Le Port Awashima. It's unmanned so use it responsibly!

The broad river banks offer a good view of Sanuki Fuji.

There's a cycling course inside the park.

A fun ride down a long slope.

In summer, this area is covered in sunflower fields.

A tradition that heralds the coming of summer.

The tunnel is bright and easy to navigate.

Rinfud with local farm fresh soft-serve ice cream.

Bike Bags for the Takamatsu Airport Limousine Bus (Kotoden Bus)
Contact: Kotoden Bus Transportation Services Dept. 087-821-3033 (Weekdays 9:00-17:00)
• Bikes must be put into a bike bag and stored in the luggage compartment.
• Capacity is limited. Reservations are not possible.
• Please slow your bicycles in the compartment yourself.
• There is no extra fee for this.

Shionoe Hot Springs
Rinfud with local farm fresh soft-serve ice cream.