

How to use the Rent-a-cycle

Rental Fee As of 2017.6

Type	Period	Fee	Deposit
Adult	One day	¥1,000	¥1,000 Elementary student and under
Child (Elementary Student and under)	One day	¥300	
Tandem Bicycle	One day	¥1,200	
Electric Assist Bicycle	Up to six hours	¥1,500	¥500

Both a fee and a deposit are required. The deposit will be returned if the bicycle is returned to the same terminal or the same island terminal you rent a bicycle, but it will be retained if the bicycle is returned at a terminal on another island. Electric assist bicycles and tandem bicycles must be returned to the terminal they are borrowed from.

Bicycle Renting Advice

- Try to choose a bicycle and helmet that suits your physique and riding style.
- Helmet are available at no extra charge.
- All the bicycles have flat pedals. There are no clip-style pedals.
- The user application you receive when renting the bicycle will be needed when returning it, and in the event the bicycle breaks.

Returning a bicycle

- Please return your bicycle to a terminal during its business hours, and give your user application form to the staff.
- If you are going to be later than your projected return time, please contact the terminal where you plan to return the bicycle and follow the instructions of the staff.
- Please contact the terminal where you plan to return the bicycle if you need to alter your return schedule. Postponed returns will be charged an additional fee, but early returns are not eligible for a discount.

Road Signs for Cyclists

All along the recommended cycling courses (Marked with dotted lines on the reverse map) are these designated signs indicating the location of the cycling route.



Locations of coin lockers

- Onomichi Station
- Onomichi Port (Operating Hours 6:30-19:30)
- Habu Port (Operating Hours 6:00-20:00)
- Setoda Port (Operating Hours 6:20-21:05)
- "Shimanami-no-eki Mishima" (Operating Hours 8:30-17:00)
- "Tatara Shimanami Park"
- "Yoshiumi Iki-iki Kan"
- Sunrise Itoyama (Operating Hours 7:00-23:00)
- Imabari Station
- Imabari Port Community Center (Operating Hours 6:00-23:00)

Public Transport Information (for when you just can't cycle anymore)

By using buses and ferries, it's possible to leave your bicycle at the nearest rent-a-cycle terminal and take public transport back to your starting point. Ferries allow bicycles on board as well. Check the map on the reverse for locations of bus stops and ferry landings.

As of 2017.6

Approximate Schedule	Approximate Rates
A Once per hour	¥310-2,500
B Three round trip per day	¥260-2,250
C Once or twice per hour	¥90-1,210
D Once or twice per hour	¥140-960
E Once or twice every two hours	¥50-820(160)
F Nine per day (of which two don't allow bicycles)	¥140-1,750(570)

- (): additional fee for bringing a bicycle on board
- To get from Onomichi to Imabari, it's necessary to transfer buses at the Innoshima Ohashi Bus Stop (the Ohama Parking Area) **A** and **D**



Five Rules for Safe Cycling (Japan Police)

Please obey Japanese traffic laws for a safe and enjoyable journey.

- Stick to the car lane, using the pedestrian lane only when necessary.
- Keep to the left side of the road.
- Pedestrians have the right of way. Avoid pedestrians by switching to the car lane.
- Obey safety rules.
 - A. No drunk driving
 - No riding double
 - No riding side-by-side
 - B. Use a light at night
 - C. Obey traffic lights
- Wear a helmet.



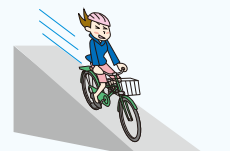
Location Marker

Signboards that indicate the distances from the landmark in each island are located at intervals of 500 meters along the cycling roads. In case of an emergency, when calling the police, ambulance and rent-a-cycle terminals please use these location markers to tell where you are. They are conveniently placed on curbs, seawalls and guardrails along the ocean.



Safe Cycling

Be sure to watch out for cars and pedestrians. There is a steep incline in the transition between each bridge and the road, so try to maintain control of your speed. The Shin-Onomichi bridge and the Onomichi bridge are closed to bicycles. Please use a ferry for this leg of the journey.



If There's An Accident

- 110 (Police)
 - 119 (Ambulance)
- These emergency numbers can be called at no charge. Whenever possible, have a Japanese speaker make the call.
- Please contact the terminal where you rented the bicycle if you get in an accident or experience a problem with the bicycle. Please understand no one is at the terminal out of business hours. *Contact information is listed on the back of the user application form.

Recommended Cycling Course

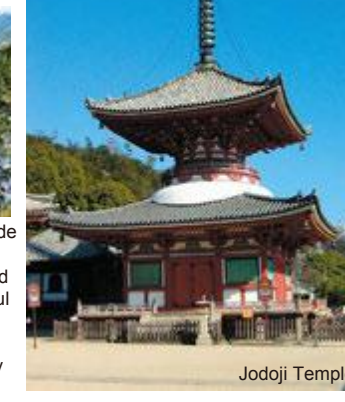
Onomichi (G-3) 尾道

Wend your way through narrow maze-like streets in this nostalgic old town full of old temples and culture. Several films have been shot here, and many visitors like to retrace their favorite scenes, walking along the quaint lanes.



Senkoji Park (G-3) 千光寺公園

0848-22-4900
9:00 - 17:15 (ropeway) None
One-way ¥320, Round-trip ¥500 (ropeway)
3 min by bus from JR Onomichi Stn, get off at Nagaeguchi and take a ropeway



Imabari 今治

Imabari castle is at the center of this castle town. Towel manufacture is the main local industry.

Imabari is outstanding for yakitori chicken in Japan. The style of cooking it on an iron griddle is unique to this area. A popular menu item at local yakitori restaurants is a type of fried chicken called "Senzanki." Staff at the Imabari Area Tourist Information Center at JR Imabari Station have information about local yakitori restaurants.

0898-36-1118

JR Onomichi Station

4.6km

Mukaishima Orchid Center 4.6km

Takamiyama Observatory Deck 2.2km

Innoshima Amenity Park 8.4km

Innoshima Amenity Park (F-3)
5:40-22:30 ¥110 None
This ferry connects Onomichi and Mukaishima in just four minutes. It crosses the narrow, river-like Onomichi-suido Channel in what is said to be the shortest ferry ride in the world.

Mukaishima Orchid Center (F-3)
9:00-17:00 None
Mukaishima's warm climate is ideal for growing delicate orchids. The restaurant makes good home-style Japanese curry.

Takamiyama Observatory Deck (F-3)
The observatory deck offers views on all four sides, where visitors can look out over the island-dotted Seto Inland Sea to the Shikoku Mountains.

Sunrise Itoyama

6.2km

Yoshiumi Rose Park 11.2km

Miyakubo Tourist Information 6.2km

Yoshiumi Iki-iki Kan (B-3)
9:00-17:00 Jan. 1
Fresh seafood from the Kurushima Kaikyo Channel is for sale, as well as locally prepared specialties and produce. There's also a restaurant using local ingredients. Try the popular seafood barbecue!

Yoshiumi Rose Park (C-3)
Free Free None
Roses bloom from mid-May to the end of December. The roses are at their peak from mid-May to early June, and again from mid-October to early November.

Murakami Suigun Museum (C-3)
9:00-17:00 Mon (open Mondays and closed the following day when Monday is a holiday) and during the New Years holidays
¥300
The Murakami Kaizoku were active in the 15-16th centuries, controlling traffic and trade on the Seto Inland Sea. Visitors can try on kimono and armor for free.

Tidal Current Experience Cruise (Miyakubo) (C-3)
9:00-16:00 ¥1,000
Same as above Murakami Suigun Museum

A strong tidal current surrounds Noshima, site of one of the ancient Murakami Kaizoku castles. The tidal current reaches speeds of up to 10 knots, and the ocean flows as if it were a river.

Innoshima Amenity Park

5.2km

Innoshima Suigunjo Castle 2.6km

Honinbo Shusaku Igo Memorial Hall 2.6km

Innoshima Park 13.9km

Habu Port 1.9km

Kuchi bridge Memorial Park 7.2km

Innoshima Amenity Park (F-3)
The Innoshima Amenity Pool features waterslides, and has a tourist information desk (English speaking staff on duty). Local shops and temples are just a step away.

Innoshima Suigunjo Castle (E-3)
9:30-17:00 (entry by 16:30) ¥310 Thu
The weapons and armor used by the Murakami Suigun pirates are displayed here. The Murakami Suigun was active all around the Seto Inland Sea during 15-16th centuries. Step back to that time with a castle visit.

Honinbo Shusaku Igo Memorial Hall (E-3)
10:00-17:00 ¥300 Tue
Honinbo Shusaku was active during the Bakumatsu era (mid-1800s). He was the strongest Go player in history. Come see Shusaku's personal effects and learn about the history and culture of the game of Go.

Innoshima Park (E-4)
View the countless islands that dot the Seto Inland Sea. Inside the park is a 5m tall statue of Kukai, a promenade, and a viewing platform.

Miyakubo Tourist Information

2.6km

Funaori Seto Strait Stunning Deck 6.5km

Dolphin Farm Shimanami 0.3km

Road Side Station "Hakata S-C Park" 2.6km

Road Side Station "Hakata S-C Park" 6.5km

Road Side Station "Shimanami-no-eki Mishima" 6.6km

Road Side Station "Tatara Shimanami Park" 8.9km

Road Side Station "Tatara Shimanami Park" (D-2)
9:00-17:00 None
Road Side Station "Tatara Shimanami Park" features a center selling local specialty products, a popular seafood restaurant, and a farmer's market with the beautiful sea view.

Santo Murakami Memorial Museum of Calligraphy (D-2)
9:00-17:00 ¥500 Mon (with exceptions)
The works of Omishima calligraphy artist Santo Murakami are on display at this museum. Visitors can also view Murakami's collection of important calligraphy works and precious related materials.

Oyamazumi Shrine Treasury (D-1)
8:30-17:00 ¥1,000 None
This shrine, surrounded by a camphor tree grove, has long been a home to the god of the sea and the samurai. The treasure hall contains the largest collection of samurai armor in the country, including many designated important cultural properties.

Kuchi bridge Memorial Park

3.5km

Dolce 3.8km

Kosanji Temple Museum 2.8km

Setoda Sunset Beach 6.3km

Road Side Station "Tatara Shimanami Park" 6.3km

Setoda Information Center 3.0km

Setoda Sunset Beach 13.8km

Setoda Information Center 3.0km

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Setoda Sunset Beach 13.8km

Road Side Station "Hakata S-C Park"

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IMABARI ONOMICHI

70km / 8-10 hours

A Cycling Route with Breathtaking Ocean Views

Setouchi Shimanami Kaido BIKE TOURING GUIDE MAP

Setouchi Shimanami Kaido, which connects the towns of Onomichi and Imabari, is predominantly a car highway, but the bridge segments of the route are also open to cyclists and pedestrians. Alongside the highway is a cycling route, and there are rent-a-cycle terminals stationed in several places along the route. It's easy to borrow a bicycle and enjoy cycling while seeing a beautiful view of island hopping in the Seto Inland Sea.

Shimanami Japan Honshu-Shikoku Bridge Expressway Association

Rent-a-cycle Terminal Information

(*) no reservations during Golden Week (April 29 to early May) (first come, first served)

Location	No.	Terminal Name	Operating Hours	Telephone	G	R	M	C	E	T
Hiroshima Prefecture [Reservation] Shimanami Japan (The cycle rental reception of Onomichi side) ☎ 0848-22-3911										
Onomichi	1	Onomichi Port (Ekimae-kowan Car Park)	7:00 - 19:00	0848-22-5332	○	○	○	○	○	○
Mukaishima Is.	2	Onomichi Civic Center "Mukaishima"	8:30 - 19:00	0848-44-0125	○	○	○	○	○	○
Innoshima Is.	3	Habu Port (Municipal Management Central Car Park)	8:30 - 19:00	0845-22-3362	○	○	○	○	○	○
Ikuchijima Island	4	Setoda Information Center	9:00 - 17:00	0845-27-0051	○	○	○	○	○	○
	5	Setoda Sunset Beach	9:00 - 17:00	0845-27-1100	○	○	○	○	○	○
Ehime Prefecture [Reservation] (*) The cycling terminal (Sunrise Itoyama) ☎ 0898-41-3196										
Omishima Island	6	"Tatara Shimanami Park"	9:00 - 17:00	0897-87-3855	○	○	○	○	○	○
	7	"Shimanami-no-eki Mishima"	8:30 - 17:00	0897-82-0002	○	○	○	○	○	○
Hakatajima Is.	8	"Hakata S-C Park"	9:00 - 17:00	0897-72-0018	○	○	○	○	○	○
	9	Miyakubo Tourist Information	9:00 - 17:00	0897-74-1074	○	○	○	○	○	○
Oshima Island	10	"Yoshiumi Iki-iki Kan"	9:00 - 17:00	0897-84-3233	○	○	○	○	○	○
	11	Sunrise Itoyama	(Apr- Sep) 8:00 - 20:00 (Oct- Mar) 8:00 - 17:00	0898-41-3196	○	○	○	○	○	○
Imabari	12	Imabari Port Community Center	9:00 - 17:00	0898-35-5090	○	○	○	○	○	○
	13	JR Imabari Station	8:30 - 17:00	0898-34-1200	○	○	○	○	○	○
Returns only (Imabari City) : 1-2 are return-only terminals. 1) Imabari City Hall Main Building Bicycle Parking Area: 8:30 - 22:00 Bicycles that are returned here forfeit the deposit. 2) Provided hotels and ryokan										

Types of bicycles

G: General Use

R: Road Bike
M: Mountain Bike
C: Cross Bike

E: Electric Assist

T: Tandem

Children's Bicycle Available

Visit Japan Campaign Information Network Offices

English speaking staff on duty

- Tourist Information Center (TIC)** Never Closed Day
Shin-tokyo Building 1F (Keiyo Line Tokyo Station, Exit 6)
☎ 03-3201-3331
Narita Airport Terminal No.1, Arrivals Lobby 1F
☎ 0476-30-3383
Narita Airport Terminal No.2, Arrivals Lobby 1F
☎ 0476-34-5877
Central Japan International Airport, Arrivals Lobby 2F
Kansai International Airport Building 1F
☎ 072-456-6160
- Hiroshima City Tourist Information Center**
1. Rest House in Peace Memorial Park ☎ 082-247-6738
2. South exit of JR Hiroshima Station, 1st floor ☎ 082-261-1877
3. Shinkansen entrance of JR Hiroshima Station, 2nd floor ☎ 082-261-1877
- Fukuyama Tourist Information**
In JR Fukuyama Station ☎ 084-922-2869
- Onomichi Tourist Information**
In JR Onomichi Station ☎ 0848-20-0005
- Ehime Prefectural International Center (EPIC)**
Get off at Minamimachi (Kenmin bunka Kaikan)
E-mail: info@epic.or.jp http://www.epic.or.jp/english/index.html ☎ 089-917-5678
- Imabari Tourist Information Center**
In JR Imabari Station ☎ 0898-36-1118

Sunrise Itoyama (B-2) サンライズ糸山

0898-41-3196
Check-in 15:00, Check-out 10:00
One Stay 1 person ¥4,320
No Meals 2-3 persons ¥3,240
4 persons + ¥2,700
20 min by bus from JR Imabari Stn. Get off at Itoyama Tenbodai Iriguchi.

Visitors planning to spend the night and rent bicycles can get in touch the day before and arrange for pickup at JR Hashihama Station.
(For inquiries about pickup please call) http://www.sunrise-itoyama.jp/

Imabari Castle (A-3) 今治城

0898-31-9233
9:00 - 17:00
December 29-31
¥500
15 min walk from JR Imabari Stn.

The castle moat is unique for using water taken from the sea. The castle tower features a lookout and a display room, which features samurai armor, helmets, and swords.

Sunrise Itoyama

6.2km

Yoshiumi Iki-iki Kan 4.9km

Yoshiumi Rose Park 6.2km

Miyakubo Tourist Information 5.6km

Hakata S-C Park 8.9km

Tatara Shimanami Park 6.6km

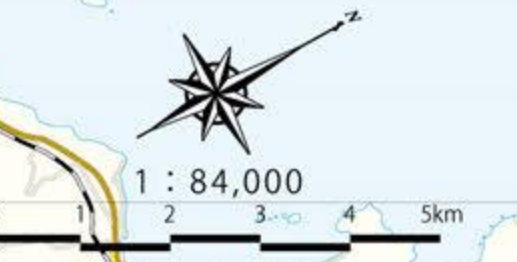
Shimanami-no-eki Mishima 6.6km

Oshima Island bus: Get on at Oshima eigyosho, transfer at Ishibunka Field Park to get off at Umashima, walk.

Bus: Get on at Hakatajima, get off at Umashima, walk.

Bus: Get on at Umashima, get off at Umashima, walk.

Bus: Get on at Umashima, get off at Umashima, walk.



Legend

- Bicycle and Walker Road
- Shimanami Kaido
- Yumeshima Kaido
- Expressway (Including the Shimanami-kaido)
- National Road
- Regional Road
- Other Road
- Shinkansen
- JR Railway
- Ferry Route
- View Spot
- Museum
- Onsen
- City Hall
- Shrine
- Temple
- Castle
- Other Sightseeing Spot
- Town Office
- Tourist Information (English Speaking Staff on Duty)

Route of Bicycle

Distance Between Sections (km)

- Recommended Route (2.6 km)
- Intermediate Route (2.6 km)
- Advanced Route (2.6 km)

Icons:

- Rent-a-cycle Terminal
- Rent-a-cycle Terminal (Only the return)
- Road Side Station
- Restroom
- Bus Stop (Shimanami Liner)
- Bus Stop (Bus on a regular route)

As of 2017.6



 Suspended Bridge (4,105m) Kurushima-Kaikyo Bridges	 Suspended Bridge (1,165m) Hakata-Oshima Bridge	 Arch Bridge (328m) Omishima Bridge
 Cable Stayed Bridge (1,480m) Tataru Bridge	 Cable Stayed Bridge (790m) Ikuchi Bridge	 Suspended Bridge (1,270m) Innoshima Bridge