



VISITK●CHI

The blessings of nature



JAPAN

OFFICIAL VISITORS GUIDE



About KOCHI

Kochi Prefecture is blessed with beautiful and abundant nature under a shining sun such as the coastline with the Kuroshio Current (Japan Current), clear rivers such as Shimanto River and deep green forests.

It has a history and environment which produced many pioneers and great men such as Sakamoto Ryoma.

Kochi's free and daring characteristics creates generous yet deeply strong residents called "Igosso" or "Hachikin," and the wisdom and activity of the people of Kochi, who are full of ideas, gave birth to special gardening crops and industrial technologies. Also, the unique regional culture represented by "Yosakoi Festival" has been developed.



Kochi Castle



Canoeing

Hot springs

Katsuo no Tataki
(Seared Bonito)

Ashizuri
Underwater Observation Tower

Yosakoi Festival

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Spring

In Kochi, there are cherry blossoms that bloom the earliest in Japan. How about experiencing the most comfortable season of the year in Kochi earlier than anywhere else in Japan after the winter cold has loosened its grip?



Summer

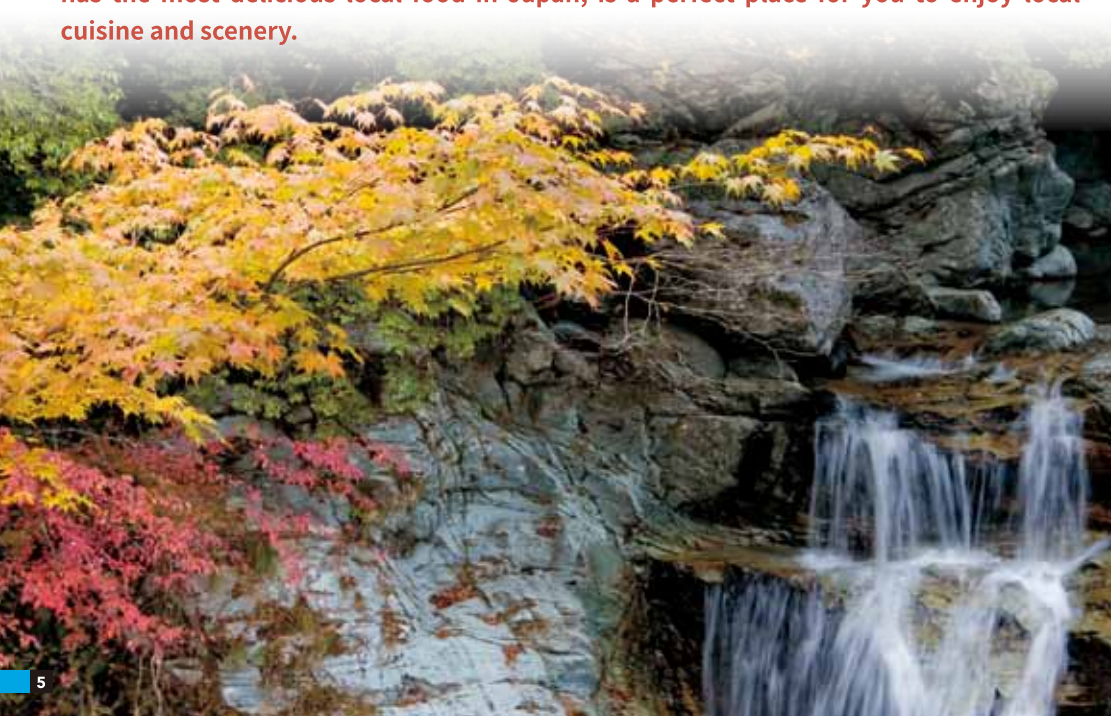
Summer is the most exciting season in Kochi. The streets are filled with the power of Yosakoi Festival dancers. You will surely love the summer when Kochi as a whole becomes so lively.





Autumn

Autumn, when the summer heat has relented and the mountains are ablaze with beautiful colors, is when abundant seasonal ingredients become available in the prefecture. Kochi, which has won first place in several questionnaire surveys on which prefecture has the most delicious local food in Japan, is a perfect place for you to enjoy local cuisine and scenery.



Winter

Winter comes around even in Kochi which is located in the southern part of Japan. In the winter, water and air become perfectly clear while the ocean, rivers and skies turn blue and beautiful. Kochi is a perfect place for those people who want to see snow and frozen waterfalls but do not like the intense cold weather of a snowy country.





Sea of clouds

A sea of clouds is a natural phenomenon in which fog and a bank of clouds form across a wide area, mainly on mountains. The phenomenon is so called because the mountains appear as if they are afloat in a sea of clouds. You can see a stunning fantastical sea of clouds if topographic and meteorological conditions are perfect. There is a high chance of seeing this phenomenon early in the morning in November and December.

Nature



http://visitkochijapan.com/things_to_do/nature/

Kochi, which is situated in southern Shikoku and faces the Pacific Ocean, boasts spectacular nature, is relatively warm in winter, and is surrounded by mountains. Mountains, rivers and the sea are located in a relatively small area. You can feel and enjoy the passing of the four seasons when you see changes in the landscapes in Kochi – such as cherry blossoms in spring, the azure ocean in summer, tinted leaves in autumn and snowy landscapes in winter.



A divine pot

Ryuga Cave

The Ryuga Cave is a roughly 4-km limestone cave which took approximately 175 million years to form. It is one of Japan's best-known limestone caves and designated by the government as a natural monument/historical site. About a 1-km part of the cave is open to the public and you can view some mysterious scenes there.

Near the exit are the remains of cave-dwelling communities during the prehistoric Yayoi period (from around the mid-3rd century BC to the mid-3rd century AD). In particular, Yayoi earthenware covered with calcareous sinter, known as "a divine pot," is extremely rare and an echo of an ancient world.

A recommended route is the "Adventure Course," which is so small that you must kneel down to go forward while relying solely on a headlight. At the Chincho (Rare Birds) Center that is adjacent to the cave, you can see long-tailed cocks, designated by the government as a special natural treasure.

Icefalls

Icefalls are frozen waterfalls. Such a phenomenon cannot be seen unless extremely cold weather lasts for several days. Magnificent waterfalls running off cliffs drastically change in winter, forming icicles more than 30 meters in length. Such a sight, cannot usually be seen in Kochi known for its mild climate, and is worth seeing. In some areas, icefalls are lit up, creating a fabulous column of colorful lights.



History



http://visitkochijapan.com/things_to_do/history/

Kochi has been called "Tosa" since old times. The name is said to date back to an ancient myth about how the province was formed. In the myth, what is now Kochi was called Tosa-no-kuni Takeyoriwake and described as a virile province. The Chosokabe clan successfully unified Tosa, but Yamauchi Katsutoyo became the lord of Tosa in 1601 after the Chosokabe clan was defeated in the 1600 Battle of Sekigahara. Thus, Katsutoyo became the ruler of a 240,000-koku domain (koku was a unit used during the Edo period to show the value of land; one koku was regarded as land where enough rice for one person for one year could be produced).

At the end of the Tokugawa shogunate in the late 19th century, many reform-minded people who played a key role in overthrowing the shogunate appeared from Tosa. They included Sakamoto Ryoma, who is particularly popular with many people throughout the country. Since the 1860s, numerous great figures, such as thinkers, businessmen and scholars, have hailed from Tosa.

Shikoku Henro (Pilgrimage to 88 sacred places)

Kobo Daishi, a Buddhist monk also known as Kukai, is said to have traveled on Shikoku Island and set up 88 temples more than 1,200 years ago. Making a pilgrimage to these 88 sacred places is called "ohenro" (sacred journey). It is believed that if you complete your pilgrimage to all the 88 temples, your earthly desires will completely disappear and your dreams will come true. Sixteen of the 88 temples – from the 24th to 39th – are located in Kochi. The 88 temples are among the first cultural properties to be registered by the Agency for Cultural Affairs on its Japan Heritage list in 2015.

Kochi Castle

Fifteen structures at Kochi Castle, including its tower and the Otomon main gate, have been designated by the national government as important cultural properties. The castle was originally built in 1611 on the order of Yamauchi Katsutoyo, lord of the Tosa domain, but was burned down in a massive fire in 1727. The current castle tower was rebuilt in 1749. Kochi Castle is Japan's only castle where all the structures constituting its main building have been preserved. Since the castle's structures are compactly situated, you can see its most important parts in a short period of time. Its tower is one of the 12 castle keeps that are still preserved in Japan. Kochi Castle is known as a popular photo spot because it is a unique site – even in Japan – where you can capture both its Otomon and its tower in a single shot.

"Hiburi-ryo" (torchlight fishing)

"Hiburi-ryo" is a traditional fishing method in Kochi in which fishermen hit the surface of a river with rods under torchlight, surprise "ayu" sweetfish and chase them into a net set up in the river. Torch flames waving in the darkness are reflected on the surface of the river during the fishing. Such a summer feature can be seen in the Shimanto River, known as Japan's last remaining limpid stream, and the Niyodo River, among other rivers in Kochi.



▶ Hot springs

Kochi has many hot-spring inns and other spa facilities with a variety of water quality. Hot springs are popular not only because their ingredients are effective in improving health but also because their hyperthermic effects help prevent the body from getting cold. So you will feel refreshed both physically and mentally after taking a hot-spring bath. Why don't you visit many of these hot springs with different water quality while driving around Kochi?

Tourist Attractions



http://visitkochijapan.com/things_to_do/tourist_attractions/

There are a variety of cultural traditions that have been nurtured in Kochi over a long period of history, including "Tosa washi" – traditional handmade Japanese paper. Historical townscapes such as Kochi Castle, old sake breweries, traditional markets and railways are well preserved. These spots are popular with many local residents not just because of their value as historical legacies but also as symbols of their hometowns. The prefecture is dotted with hot springs where you can refresh yourself both physically and mentally while visiting these tourist spots.

▶ E Streets of Kiragawa

Kiragawa used to greatly prosper as a shipping port of "Tosa high-grade charcoal" from its high quality charcoal and firewood. The white walls using Tosa plaster and the water draining tiles attached to protect Machiya from strong rain and wind such as typhoons create a unique scenery.

▶ © Hirome Market

A gathering of a variety of more than 60 shops with distinctive traits, such as restaurants where you can encounter the tastes of Tosa, lively fish shops and unique miscellaneous shops. It's atmosphere is more like a "food stand" crowded with local people than it is like a market.



Events



http://visitkochijapan.com/things_to_do/events/

© Yosakoi Festival

The Yosakoi Festival in Kochi is one of Japan's 10 largest festivals. It has been held for more than 60 years as a summer pastime for people in Kochi. It is an energetic and powerful festival which attracts fans from across the country every year. Dancers carry the "naruko" wooden clappers and gyrate their hips. The festival, from Aug. 9 to 12 every year, starts with a fireworks display, putting the entire city in a festive mood. In addition, teams of Yosakoi dancers perform in the city's central arcade every Sunday from May to July and in front of JR Kochi Station every Sunday from August to December. You can also sample the atmosphere of the Yosakoi Festival at the Kochi Yosakoi Information Exchange Center all year round.

Kochi holds a wide variety of festivals and events. They include the Yosakoi Festival, an energetic fiesta which draws Japanese and foreign dancers alike, and local festivals which are hundreds of years old. You will never tire of watching them, so please enjoy them if your itinerary enables you to visit one of these festivals.

© Dorome Festival

A festival to pray for a big catch of dorome (baby anchovies, etc.). The main event is the large cup drinking competition where men drink 1.8 liters and women 0.9 liters, competing for who can drink the fastest.

© Ekin Festival

The festival is held at night in July every year in the Akaoka town arcade in Konan City. Folding screens more than 100 years old painted by Ekin (Edo-era painter Hirose Kinzo) are displayed along the streets of Akaoka. His works mainly depict dynamic and fierce theatrical scenes and thus his genre is also called "an art of fresh blood." The colorful folding screens are displayed in front of candles in the former post station. The festival is held only in July but the Ekin Museum in the town greets visitors all year round.



Katsuo no Tataki (seared bonito)

Bonito are migratory fish that belong to the Scombridae family. Because they migrate to waters near Japan around May, signaling the beginning of summer, they have been prized in Japan since the Edo period. As for seared bonito, the most famous way of cooking and eating bonito, fresh bonito are roasted over a rice straw-fueled fire to make the surface of the fish savory while leaving the meat inside rare and juicy. It is good to eat their sliced meat with lots of minced garlic and green onion placed over them or with a combination of soy sauce and vinegar or just with some salt. Visitors can experience this dynamic way of making seared bonito in various parts of Kochi. Bonito caught in autumn are excellent because they put on lots of fat. Furthermore, processed products using various parts of bonito are standard souvenirs of Kochi Prefecture. They include "shuto" (salted and fermented bonito guts), a stew of cubed bonito, boiled and half-dried bonito, shavings of dried bonito, and "haranbo" or the roasted fatty abdominal part of bonito.



Food Culture

http://visitkochijapan.com/things_to_do/food_culture/



Kochi is endowed with a warm climate and rich natural environment as well as an abundant variety of foods from the sea, mountains and rivers. Kochi is famous in Japan for its repertoire of delicious dishes ranging from the stunning "Sawachi cuisine" that represents the temperament of the people of Kochi Prefecture, comprising subtle but flavorful and nutritious dishes, and processed items based on innovative ideas. A number of questionnaire surveys have given Kochi the top spot on the list of prefectures offering delicious local specialty food.



Akaushi (Tosa red cow)

The Tosa red cow is a rare variety of brown-colored cattle, accounting for only 0.1% of all "wagyu" beef cattle in Japan. Its key feature is the deliciousness of its red meat – marbled beef that contains refined intramuscular fat in such a way as to maintain a good balance between red meat and fat. The meat melts and rich flavor spreads swiftly in the mouth. The wagyu beef is tender and tasty. It is a sort of low-calorie, healthy beef as it is reasonably marbled.

Sake (rice wine)

Locally brewed brands of sake are praised for their dryness with smoothness in the throat and they go very well with local cuisine using fresh foodstuffs from the sea and mountains in Kochi. They do not adversely affect or disturb the taste buds, yet they help improve the quality and taste of foodstuffs. The smooth intake makes it possible for Kochi people to drink a lot of sake. The local culture of enjoying drinking has been nurtured in Kochi and there is a drinking party or banquet with a game called "bekuhai," which is unique to Kochi. "Bekuhai" is a kind of sake cup. This is a simple party game in which people shake a dice-like object with images of strange-shaped cups. People at the party have to drink sake using the sake cup suggested by the dice spot. But the cup is not stable and has a hole in it. Therefore, one cannot put it on the table until it is emptied.



Kinmedai (alfonsino)

"Kinmedai" (alfonsino) that grow in the waters off Muroto, known for its deep sea water used for mineral water, have a splendid red color. The fish are at their best in winter when they put on fat the most. They are characterized by bland- and subtle-tasting white meat. Among famous dishes of the fish is "kinme-don" or a bowl of rice topped with sashimi (sliced raw fish), and teriyaki (broiled with soy sauce) of the fish together with sashimi of other local fishes in season. After eating half of it, you can put kinmedai soup stock on it to make it even tastier.

Nabeyaki Ramen (Ramen served in pot with broth)

A very simple dish of chicken soy sauce soup, chewy thin noodles, and toppings of green onions, fish sausage and raw egg. Japanese-style ramen has a certain nostalgia. Its best point is the earthen bowl it is served in allowing you to enjoy the soup hot until the end.



Wild vegetables

Apart from fish and meat on the list of local delicacies, the wild vegetables are too good to miss. They are produced in forests. Of all the prefectures in Japan, Kochi boasts the highest ratio of forests. Among the wild vegetables are "shihochiku" bamboos that are unique to Kochi and available only for about a month from mid-October, and "itadori" (Japanese knotweed) that is available between April and May and popular for its crisp and crunchy texture, as well as "zenmai" (fiddlehead fern) and "udo" (a sort of wild asparagus). Various mountain vegetables in season, even though they may not look gorgeous, can be made into delicious food items, such as simmered dishes, tempura, fries and wild-vegetable sushi. "Inakazushi" (sushi from the countryside) does not use any fish but mountain vegetables and other locally raised vegetables. Inakazushi, which is visually attractive as well, includes hand-rolled sushi made of regular vinegared rice with a touch of "yuzu" citrus flavor, elephant ear (taro), shiitake mushrooms and "myoga" Japanese ginger and "tsumezushi" (packed sushi) made of bamboo sprout, "konnyaku" (devil's-tongue) and other plant ingredients.



Paragliding

You can also experience paragliding in Kochi. A paraglider is a vehicle that will help your dreams of flying like a bird come true. It is a sky sport which lets you fly freely in the sky as if you had wings. You would need quite a bit of practice in order to be able to enjoy paragliding on your own. But if you paraglide in a two-seater with a professional, you will be able to enjoy an exhilarating flight from a hill surrounded by grand mountains with lush greenery. Sometimes, you can also take in a broad view of the Pacific Ocean, directly feel the changing seasons and have a bird's-eye view of the landscape.

Activity



http://visitkochijapan.com/things_to_do/activity/

Against a backdrop of the rugged Shikoku mountain range and overlooking the Pacific Ocean, Shikoku is a treasure house of nature and a paradise for outdoor activities as people can have nature-based experiences in the bountiful ocean, mountains and rivers. Fresh bounty from the ocean, mountains and rivers can be cooked and consumed on the spot. Shikoku offers opportunities for various experiences ranging from the active to the therapeutic.

Whale watching

Because Kochi faces the Pacific Ocean, there are many points where people can watch legions of whales or dolphins, including both parents and their children together, swimming at a short distance. You can get on a fishing boat capable of turning in small circles so that you may swiftly cruise to points where whales or dolphins can be seen. Dolphins leap up from the water, swimming in parallel with the boat. You can see whales spout water and even their caudal fins from up close. The fascination of watching them is endless, no matter how often you see them.



Surfing

There are a large number of surfing spots in Kochi, and they are famous in Japan for their good waves. There are many venues for not only domestic surfing competitions but also international ones. Because Kochi stretches east to west extensively, surfers can enjoy different atmospheres and waves in both the eastern and western parts of Kochi. Surfing points are also at river mouths, reefs and beaches, making it possible for both beginners and advanced-level surfers to enjoy the water sport. Shikoku is a popular destination for surfing-loving travelers.



Kochi Prefectural Makino Botanical Garden

One of the most comprehensive botanical garden in Japan opened in 1958 to honor the achievements of the world renowned botanist from Kochi Dr. Tomitaro Makino (1862-1957). In addition to an exhibition room displaying hand-drawn figures of plants and such of Dr. Tomitaro Makino, there are rich attractions such as a greenhouse where about 3000 types of seasonal plants and tropical plants can be enjoyed, a medicinal plants section, and a East Asia garden plant garden. There are shops lined with original goods and popular restaurants using ingredients of Kochi.



Museum



http://visitkochijapan.com/things_to_do/museum/

In Kochi, there are various historical tourist attractions which a wide range of people can enjoy, including museums on prominent figures and scholars representing Japan toward the end of the Tokugawa shogunate, an informative museum on the lifetime careers of scholars, and a museum with a unique exhibition pavilion which maximizes the terrain overlooking the Pacific Ocean. Some museums are nestled deep in the mountains or have eccentric exhibits.



Ekin Museum

A museum of painter Kinzo (nickname: Ekin) at the end of the Edo period made by renovating a rice granary. Twenty-three folding screen drawings handed down to the town were collected. Two works can be seen at all times by looking through a hole drilled in the wall. The atmosphere of Ekin festivals can be enjoyed while looking at replicas exhibited in dimness.

Ashizuri Underwater Observation Tower

The tower, located inside Ashizuri-Uwakai National Park, is a huge 24-meter-tall observation tower standing in the water which is one of the clearest offshore areas in Shikoku. Inside the tower are an observation room above sea level and an underwater observation chamber from which visitors can see tropical fish gathering near the 7-meter-deep ocean floor and schools of fish that change in variety from season to season. Girella, porcupine fish and butterfly fish can be seen from the underwater observation room throughout the year. Visitors may be able to observe mass migrations of sardines and horse mackerels in winter through spring and a migration of barracudas in autumn as well as sea turtles and rays.



"Enjoy Kochi at Leisure" Course

This is a travel plan in which you can experience the history, traditions and natural blessings of Kochi while touring its leading tourist spots.



Day 1

11:00 **Kochi Ryoma Airport**



(About a 20-minute airport limousine bus ride)

11:20 ~ 12:20 **Harimaya Bridge, lunch**



(About a 45-minute "My Yu Bus" ride)

13:10 ~ 14:10 **Katsurahama Beach**



(About a 30-minute "My Yu Bus" ride)

14:40 ~ 15:40 **Makino Botanical Garden**



(A short walk)

15:40 ~ 16:40 **Chikurin-ji Temple**



(About a 20-minute "My Yu Bus" ride)

Stay overnight in Kochi City

Kochi Ryoma Airport, the air gateway to Kochi, has also been popularly known since 2003 as Kochi Ryoma Airport named after Sakamoto Ryoma, a great historical figure from Kochi.

There is a marionette clock to the east of Harimaya Bridge. Artificial figures in the shape of Kochi Castle, Yosakoi Festival, Katsurahama Beach and Harimaya Bridge appear from four sides of the clock to perform every hour to the tune of a traditional Yosakoi folk song.

This is one of the most scenic spots in Kochi where the statue of Sakamoto Ryoma stands as if he were viewing the splendor of the Pacific Ocean.

This is one of the leading botanical gardens in Japan dedicated to Dr. Tomitaro Makino, a world-renowned botanist from Kochi.

This is one of the 88 temples associated with Buddhist monk Kobo Daishi on Shikoku Island. You are recommended to see the five-story pagoda – the only structure of its kind in Kochi – and the garden which is designated by the central government as a place of scenic beauty.



Day 2

9:00 **Kochi City**



(About a 1-hour drive)

10:00 ~ 11:00 **Niyodo River: Houseboat cruising**



(About a 20-minute drive)

11:30 ~ 14:30 **Experience making "Tosa washi" Japanese paper (1 hour), lunch**



(About a 50-minute drive)

15:30 ~ 17:00 **Ryuga Cave**



(About a 40-minute drive)

Stay overnight in Kochi City

Riding on a sightseeing houseboat, you can see the so-called "Niyodo blue," the azure water color of the Niyodo River that boasts the best water quality in Japan, right before your eyes.



This is one of the three major calcareous caves in Japan. You can take either an ordinary route or an adventure route.



Day 3

10:00 **Kochi City**



(About a 30-minute drive)

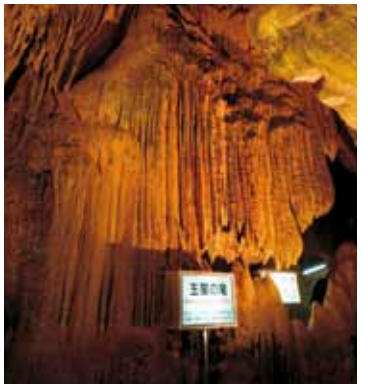
10:30 ~ 14:00 **Nishijima Flower Garden (fruit picking), lunch**



(About a 15-minute drive)

Kochi Ryoma Airport

Here you can eat strawberries, melons and watermelons as well as picking fruits in season in the nursery where a variety of tropical flowers and trees grow.



KOCHI MAP

West

Western Kochi is a nature-rich area popular for outdoor activities. Situated in this region are the Shimanto River, which is called Japan's last remaining limpid stream; Cape Ashizuri, which commands a grand panoramic view of the Pacific Ocean; and the Tengu Highland, which becomes a skiing ground in winter. You can enjoy a variety of foods from the sea, mountains and rivers. This is a region to enjoy with your five senses.



Shimanto River

West

Shimanto City

Map of Shimanto City showing various activities and landmarks:

- Hot springs (purple flag icon)
- Shimanto River
- Surfing (orange surfboard icon)
- Whale watching (orange whale icon)
- "Hiburiryo" (torchlight fishing) (orange fish icon)
- Hot springs (purple flag icon)
- Surfing (orange surfboard icon)
- Ashizuri Underwater Observation Tower (blue tower icon)
- Whale watching (orange whale icon)
- Whale watching (orange whale icon)

Central

Kochi City

Map of Kochi City and surrounding areas showing various activities and landmarks:

- Hot springs (purple flag icon)
- Icefalls (green mountain icon)
- Sea of clouds (green mountain icon)
- Paragliding (orange paraglider icon)
- Niyodo River
- Hot springs (purple flag icon)
- Yosakoi Festival (blue festival icon)
- Kochi Castle (blue castle icon)
- Hot springs (purple flag icon)
- Ryuga Cave (green mountain icon)
- Hirome Market (blue market icon)
- Kochi Ryoma Airport (red airplane icon)
- Ekin Festival (blue festival icon)
- Whale watching (orange whale icon)
- Dorome Festival (blue festival icon)
- Ekin Museum (blue museum icon)
- Hot springs (purple flag icon)
- Whale watching (orange whale icon)
- Kochi Prefectural Makino Botanical Garden (blue garden icon)



Kochi Castle

Central

Central Kochi is full of popular tourist spots, including the symbolic Kochi Castle, as well as the Sunday Market and the Hirome Market. If you travel a bit further, you will see the Niyodo River, known for its mysterious blue water, and find unique museums.

Start your tour of Kochi in the central part of the prefecture, which is the gateway to key local tourist spots, as Kochi Station and Kochi Ryoma Airport are situated in this area.

East

East

Aki City

Map of Aki City showing various activities and landmarks:

- Hot springs (purple flag icon)
- Nora Clock (purple clock icon)
- Hot springs (purple flag icon)
- Surfing (orange surfboard icon)
- Whale watching (orange whale icon)
- Surfing (orange surfboard icon)
- Streets of Kiragawa (purple flag icon)



Nora Clock

Eastern Kochi is a district with a markedly international character: an international surfing event is held in Toyo Town; the Muroto Global Geopark, which has been designated by the Global Network of National Geoparks, is situated in Muroto City; "yuzu," or a lemon-like Japanese citrus exported to France and other countries, is grown in Umaji Village; and the only authorized replica of Claude Monet's garden outside France is Kitagawa Village.

At the same time, many old-fashioned, attractive streetscapes remain in eastern Kochi. Ride a train on Tosa Kuroshio Railway's Gomen-Nahari Line that runs along the eastern coastline to thoroughly enjoy the various tourist attractions in eastern Kochi.



Nature



Museum



Tourist Attractions



History



Events



Activity



Central Kochi City



Free Wi-Fi

1 Yosakoi Town Wi-Fi

Available at Obiyamachi 1-chome Shopping Street, Obiyamachi 2-chome Shopping Street, Ohashi-dori Shopping Street, Ichibangai Shopping Street, Kyomachi Shopping Street, Shinkyobashi Shopping Street, Harimayabashi Shopping Street

2 Tosa Terrace

2-10-17 Kitahonmachi, Kochi City

3 Hirome Market

2-3-1 Obiyamachi, Kochi City

4 Ground floor lobby, Kochi Prefectural Government building

1-2-20 Marunouchi, Kochi City

5 Kochi Prefectural Culture Hall

4-3-30 Honmachi, Kochi City

6 Kochi Literary Museum

1-1-20 Marunouchi, Kochi City

7 Kochi Castle

1-2-1 Marunouchi, Kochi City



Tax-free shops

※7,8,9 are not on the map

1 Kochi Daimaru

Department store
1-6-1 Obiyamachi, Kochi City
088-822-5111
Main Building/East Building/Daimaru West 1 / 10:00~19:30

2 Stola. Kochi Store

Clothing store
1-14-11 Obiyamachi, Kochi City
088-822-7720
11:00~20:00 (Mon~Fri)
10:00~20:00 (Sat, Sun, public holidays)

3 Power Drug One's (Obiyamachi store)

Drugstore
2-1-33 Obiyamachi, Kochi City
088-826-8686
10:00~21:00

4 Power Drug One's (Harimayabashi store)

Drugstore
1-2-3 Obiyamachi, Kochi City
088-826-0018
10:00~21:00

5 AEON MALL Kochi

Shopping mall
1-4-8 Hadaminami-machi, Kochi City
088-826-8100
9:00~23:00

6 UNIQLO (AEON Mall Kochi store)

Clothing store
1-4-8 Hadaminami-machi, Kochi City
088-826-7551
10:00~22:00

7 BIG SUN

Souvenir store
58 Hisaeda-otsu, Nankoku City
088-863-2907
Terminal building open until 19:30

8 Nihon Sango Center/ Coral jewelry museum "Sango no Mori"

Jewelry (coral) store
187-3 Niida, Kochi City
088-847-3535
10:00~17:00 (closes at 16:00 in off-season)
Closed from Dec. 30 to Jan. 3

9 Jyoseikan

Hotel
2-5-34 Kamimachi, Kochi City
088-875-0111

10 Ryoma no Yado Nansui

Hotel
1-7-12 Kamimachi, Kochi City
088-873-2181

11 Tosa Gyoen

Hotel
1-4-8 Okawasuji, Kochi City
088-822-4491

12 UNIQLO (Tosa Road store)

Clothing store
225 Joyamacho, Kochi City
088-837-0511
Weekdays: 11:00~20:00
Sat, Sun, public holiday: 10:00~20:00

13 UNIQLO (Kochi Kera store)

Clothing store
Inside Power Center Kochi, 317-1 Kera-otsu, Kochi City
088-880-3581
10:00~20:00



Tourist information offices

1 Kochi "i" Information Center

(Inside Tosa Terrace) 2-10-17
Kitahonmachi, Kochi City
088-826-3337
9:00~17:00
Supported languages: English
Wi-Fi: Unavailable
Internet PC: Available for free

2 Kochi Expressway Nangoku Inbound Service Area Information

1210-1 Kohasu, Oko-cho, Nankoku City
088-804-5740
9:00~17:00
Supported languages: English (Part-time)
Wi-Fi: Available for free
Internet PC: Unavailable

3 Kochi Expressway Nangoku Outbound Service Area Information

1012-2 Kohasu, Oko-cho, Nankoku City
088-866-1778
9:00~17:00
Supported languages: English (Part-time)
Wi-Fi: Available for free
Internet PC: Unavailable

4 Kochi Ryoma Airport Information Desk

58 Hisaeda Otsu, Nankoku City
088-863-2906
7:30~20:35
Supported languages: English (Part-time)
Wi-Fi: Available for free
Internet PC: Available for free

※2,6,9 are not on the map



ATMs/Currency Exchange

	Branches	Address	Money exchange		Automated teller machines	
			Acceptable currencies		Acceptable credit cards	
Post office ATMs	1 Kochi Chuo Post Office	1-10-18 Kitahonmachi, Kochi City	○	USD, CAD, AUD, GBP, CHF, EUR, RMB, KRW		
	2 Post office inside Kochi Prefectural Government building	1-2-20 Marunouchi, Kochi City				
	3 Kochi Honmachi Post Office	3-2-5 Honmachi, Kochi City				
	4 Ryoma Post Office	1-8-18 Kamimachi, Kochi City				
	5 Kochi Echizen Post Office	2-3-9 Echizenmachi, Kochi City				
	6 Kochi Horagajima Post Office	4-15 Horagajimacho, Kochi City				
	7 Kochi Takaramachi Post Office	13-15 Takaramachi, Kochi City				
	8 Kochi Atago Post Office	2-17-15 Atagamachi, Kochi City				
	9 Japan Post Bank (Kochi Daimaru subbranch) (Matsuyama branch)	ATM on ground floor of East Building, 1-6-1 Obiyamachi, Kochi City				
	10 Kochi Kamimachi Post Office	4-4-26 Kamimachi, Kochi City				
	11 Kochi Chuo Post Office/Japan Post Bank (Kochi branch)	1-10-18 Kitahonmachi, Kochi City				
	12 Kochi Minami-Harimayacho Post Office	1-16-15 Minami-harimayacho, Kochi City	×	—		○
	13 Kochi Harimayacho Post Office	2-12-8 Harimayacho, Kochi City				
	14 Japan Post Bank (JR Kochi Station subbranch) (Matsuyama branch)	ATM on ground floor, 2-1-10 Sakaedacho, Kochi City				
15 Kochi Shioe Post Office	1-11-12 Doimachi, Kochi City					
16 Kochi Joyamacho Post Office	109-5 Higashi-joyamacho, Kochi City					
17 Kochi Hijima Post Office	1-14-14 Hijimacho, Kochi City					
18 Kochi Asahi Post Office	3-12-1 Asahimachi, Kochi City					
19 Kochi Hoeicho Post Office	6-2 Hoeicho, Kochi City					
20 Japan Post Bank (JEON Kochi Asahimachi subbranch) (Matsuyama branch)	ATM on ground floor, 3-9-4 Asahimachi, Kochi City					
21 Kochi Hotarubashi Post Office	35-3 Asahi-kamimachi, Kochi City					
22 Japan Post Bank (Cosy Kamobe subbranch) (Matsuyama branch)	Roadside/north side of Co-op Kamobe, 2-4-43 Kamobe, Kochi City					
23 Kochi Inaricho Post Office	10-11 Inaricho, Kochi City					
Shikoku Bank	20 (head office)	1-1-1 Minami-harimayacho, Kochi City	○	USD/AUD	×	—
Bank of Kochi	20 (head office)	2-24 Sakaimachi, Kochi City	○	USD	×	—
Mizuho Bank	20 (Kochi branch)	1-2-10 Honmachi, Kochi City	○	USD, GBP, EUR, CAD, CHF, SEK, DKK, NOK, AUD, NZD, KRW, HKD, SGD, THB	×	—
Seven Bank	20 7-Eleven (Kiosk Kochi Station store)	2-1-10 Sakaedacho, Kochi City				
	20 7-Eleven (Kochi Honmachi 1-chome store joint subbranch)	1-4-25 Honmachi, Kochi City				
	20 7-Eleven (Chikamori Hospital Outpatient Center store joint subbranch)	1-4-1 Okawasuji, Kochi City				
	20 Nomura Securities (Kochi branch)	1-2-6 Harimayacho, Kochi City	×	—		○
	20 Daiwa Securities (Kochi branch)	1-2-7 Honmachi, Kochi City				
AEON Bank	20 AEON Kochi (subbranch)	1-4-8 Hadaminami-machi, Kochi City				
	20 AEON MALL Kochi (subbranch)	1-4-8 Hadaminami-machi, Kochi City				
	20 AEON MALL Kochi (agent)	1-4-8 Hadaminami-machi, Kochi City	×	—		○
	20 AEON MALL Kochi (Third subbranch)	1-4-8 Hadaminami-machi, Kochi City				

Central Aki City



Free Wi-Fi

- 1 **Aki Tourist Information Center**
1-4-32 Yanomaru, Aki City



Tax-free shops

- 1 **Hotel Nahari**
Hotel Odani, Naharicho, Aki District
0887-38-5111



Tourist information offices

- 1 **Aki Tourist Information Center**
1-4-32 Yanomaru, Aki City
0887-34-8344
8:30~17:30
Supported languages: English (Part-time)
Wi-Fi: Available for free
Internet PC: Available for free



ATMs/Currency Exchange

	Branches	Address	Money exchange		Automated teller machines
			×	—	○
Post office ATMs	1 Japan Post Bank (Aki city office building subbranch/Matsuyama branch)	1-4-40 Yanomaru, Aki City	×	—	○
	2 Aki Post Office	4-11-1 Yanomaru, Aki City	×	—	○
	3 Aki Honmachi Post Office	3-9-8 Honmachi, Aki City	×	—	○
	4 Aki Ioki Post Office	500-13 Ioki, Aki City	×	—	○
AEON Bank	5 (Marunaka Aki subbranch)	4-312-1 Yanomaru, Aki City	×	—	○

Central Shimanto City



Free Wi-Fi

- 1 **Nakamura Station on Tosa Kuroshio Railway**
7-1 Ekimaecho, Shimanto City
- 2 **Bussankan (souvenir hall) Sunriver Shimanto**
383-7 Uyama, Shimanto City



Tax-free shops

- 1 **Bussankan (souvenir hall) Sunriver Shimanto**
Souvenir store
383-7 Uyama, Shimanto City
0880-34-5551
Aruneya
Weekdays: 8:00~19:30
Sat, Sun, public holidays: 8:00~20:00
- 2 **UNIQLO (Simanto Shopping Garden store)**
Clothing store
3193-1 Hattanda, Gudo, Shimanto City
0880-31-2052
Weekdays: 11:00~20:00
Sat, Sun, public holidays: 10:00~20:00



Tourist information offices

- 1 **Shimanto Tourist Information Center**
385-15 Uyama, Shimanto City
0880-35-4171
8:30~17:30
Supported languages: English
Wi-Fi: Unavailable
Internet PC: Available for free
- 2 **Michinoeki Nabura Tosa Saga**
1350 Saga, Kuroshio Town, Hata Gun
0890-55-3325
7:00~19:00
Supported languages: Some staffers speak minimum English.
Wi-Fi: Available for free
Internet PC: Available for free
- 3 **Michinoeki Bios Ogata**
3575-5 Ukibuchi, Kuroshio Town, Hata Gun
0890-43-0105
8:30~17:15
Supported languages: English (Part-time)
Wi-Fi: Unavailable
Internet Unavailable

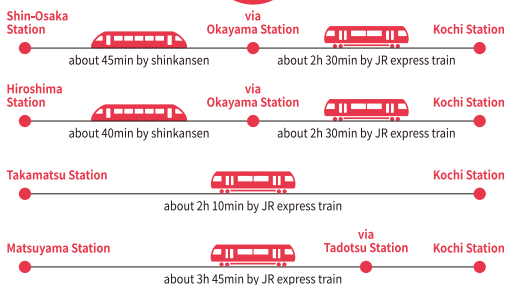
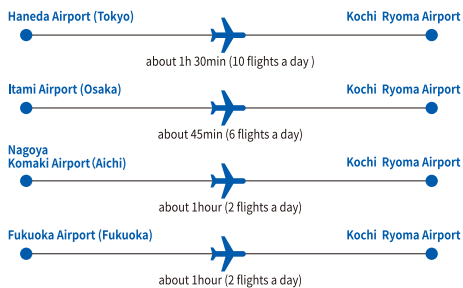


ATMs/Currency Exchange

	Branches	Address	Money exchange		Automated teller machines
			×	—	○
Post office ATMs	1 Nakamura Shimomachi Post Office	7 Nakamura Higashi-shimomachi, Shimanto City	×	—	○
	2 Tosa Nakamura Post Office	3-39 Nakamura Honmachi, Shimanto City	×	—	○
	3 Japan Post Bank (Fuji Nakamura subbranch/Matsuyama branch)	ATM on ground floor, 7-6-27 Nakamura Ohashi-dori, Shimanto City	×	—	○
	4 Post Office in front of Nakamura Station	3-28 Ekimaecho, Shimanto City	×	—	○
	5 Shimanto Tombo Post Office	3-8-1 Gudo-taguro, Shimanto City	×	—	○
	6 Japan Post Bank (Fuji/gand Shimanto subbranch/Matsuyama branch)	ATM on ground floor, 2222 Gudo, Shimanto City	×	—	○
AEON Bank	7 Japan Post Bank (Sunnymart Shimanto subbranch/Matsuyama branch)	ATM on ground floor, 4-30 Kotsuka, Shimanto City	×	—	○
	8 Nakamura Kotsuka Post Office	3-76 Kotsuka, Shimanto City	×	—	○
	9 (Marunaka Nakamura-ichijo subbranch)	1-5 Nakamura-ichijo-dori, Shimanto City	×	—	○
	10 (Marunaka Shimanto subbranch)	211 Gudo, Shimanto City	×	—	○

Access Info

Shikoku is one of the islands that make up the Japanese archipelago. It is one of Japan's four main islands, which also include Hokkaido, Honshu and Kyushu, and is the smallest of the four. Shikoku is connected with Honshu by three bridges across the sea and is easily accessible from the Kansai (Osaka & vicinity) and Chugoku (Hiroshima & vicinity) regions. Kochi Prefecture covers most of Shikoku's southern half, and it takes about 1h20min to fly from Tokyo to Kochi and 45 minutes from Osaka.



Organization name Kochi Visitors & Convention Association
Location 5th floor, Kochi Prefectural Government Main Building,
 1-2-20 Marunouchi, Kochi City, Kochi

<http://visitkochijapan.com/>